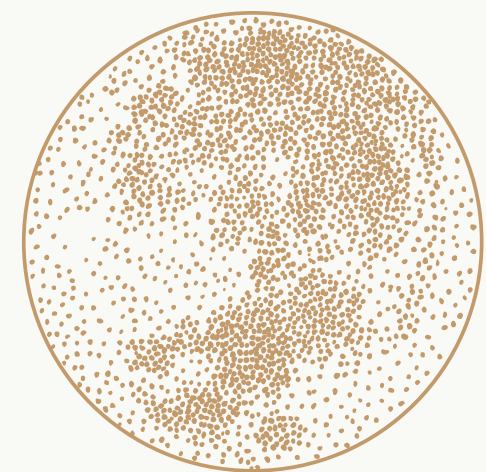
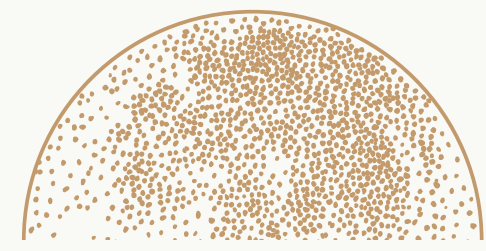


PLANNING PRANA YOGA IFS - RENTRÉE 2024



LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
7H45 - 8H45 WAKE UP YOGA VIRGINIE				
9H - 9H45 ENTREPRISE MK1	9H - 9H45 ENTREPRISE MK1			
11H - 12H15 YIN YOGA CLAIRE				
12H30 - 13H30 HATHA YOGA LYDIE		12H30 - 13H30 YOGA SCULPT SALOME		12H30 - 13H30 VINYASA YOGA JUSTINE
	17H45 - 18H45 VINYASA YOGA CLAIRE		17H45 - 18H45 HATHA YOGA HÉLÈNE	
18H30 - 19H45 YINYANG YOGA CLAIRE	19H - 20H15 YIN YOGA SONORE EMMANUELLE	18H30 - 19H30 HATHA YOGA LYDIE	19H - 20H VINYASA YOGA SALOME	